



**MEMBERSHIP PACK**



Dear New Fencer

Allow me the opportunity to say hello and welcome to the North Kesteven Fencing Club. An application and consent form ( for those under 18) are appended to this letter, if you choose to join please fill these in and hand to one of the coaches or committee member. I hope you do choose to join and I look forward to welcoming you to our Club.

Please read through the information pack which you will find on our web site at [http://www.lincolnshirefencing.co.uk/nk\\_fencing\\_home.html](http://www.lincolnshirefencing.co.uk/nk_fencing_home.html) , and if you need any more information do not hesitate to contact me.

It is the Club's policy to make fencing available to everyone, and the Club and its Officials will not discriminate against the, Economic background, Race, Gender, Religion or Disability of any member.

After your introductory course you can still borrow Club kit but you will need to buy a plastron which you can purchase through the Club.

Please read through this pack , it has a wealth of information about how the Club operates and what we expect of you as members.

If ever you need more information do not hesitate to talk to one of our coaches/ officials; they will be only too pleased to advise you.

Once again welcome to North Kesteven Fencing Club.

Regards

John Carleton - Chairman North Kesteven Fencing Club



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## North Kesteven Fencing Club Welcome Pack

### Welcome to North Kesteven Fencing Club!

The information contained in this pack will advise you all you need to about North Kesteven Fencing Club: how to join as a member, what to do once you're joined, the Rules of the Club, coaching, kit and competitions.

### How to Join

It's easy to join the Club. Simply fill out the membership form (Appendix A) and hand it to one of the committee members. You will also need to arrange to pay your subscription fee; fees can be paid in full to the end of the membership year.

### Fees

Our membership rates are detailed below

Category	Nightly fee	Annual Membership	Visitor fee
Junior	£4.50	£10.00	£6.00
Adult	£5.00	£20.00	£7.00

\*Non Club members paying the visitor is deemed acceptance of the Club rules and have a current BFA membership.

Please pay all fees to our Treasurer Stephen Carter.

The membership year runs from the 1st April and the annual membership should be paid in full by the third week of April. You can pay by cash or cheque. Members joining part way through the year will pay a proportional fee based on the time of the year they join.

### How the Club works

North Kesteven Fencing Club meets on a Friday evening in the main sports hall at North Kesteven School, Moor Lane, North Hykeham, Lincoln, LN6 9AX

The Club meets between 8.00 and 10.00 Friday evening. The session starts with a footwork and warm up session run by one of the coaches, this is followed by open fencing till 10.00pm.

All weapons are fenced within the Club and the Club has a number of electrical scoring equipment for members to use. All members are encouraged to help set up the equipment at the beginning of the evening and pack away at the end. The majority of Club evenings are



'free play' against other fencers; usually on a first to 5, 10 or 15 hits depending on how busy the Club is and how energetic you feel! Please help referee bouts if you're able and are not

fencing. On occasions the Club will arrange friendly competitions or matches against other local Clubs. These will be advertised on Club nights.

The Club has a wide range and variety of members, from beginners to advanced members. The Club encourages beginners to fence other Club members after the course finishes which will help you put into practice the skills which have been learnt from the course. If you're unsure about anything please ask.

### **Fencing Equipment**

After completing the beginners course members are able to continue to borrow Club equipment, but preference must be given to any courses which the Club may be running. New members must purchase their own plastron (Must be 800N/CEN level 2 for electric fencing). See Stephen Carter who can arrange purchase through the Club at a discounted rate with Leon Paul .

Tracksuit bottoms can be worn for non-electric fencing. Any pockets must either be sealed either by buttons, zips, sewing closed or taped, as this will prevent fencing blades from being caught up and potentially causing an injury.

### **Club Rules**

- 1 The Club shall be known as *North Kesteven Fencing Club*.
- 2 The objects of the Club are:
  - to promote interest in fencing among its members
  - to provide facilities to meet members' interests in fencing
  - to further the interests of fencing locally
  - to support the British Fencing Association
- 3 Membership of the Club is open to everyone who is an amateur as defined by the British Fencing Association but is not employed by the Club as a coach. The Club's committee reserves the right of refusing or cancelling membership without giving a reason.
- 4 The committee shall set rules for the use of the Club's equipment. No item of the Club's equipment shall be removed from its premises without the express permission of a member of the committee.
- 5 No one shall fence in the Club unless he or she is wearing correct protective clothing, in good condition, that complies with the British Fencing Association's current recommendations and with any supplementary guidance issued by the committee.



6 Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity.

7 Bullying and other forms of abuse will not be tolerated.

8 No one shall behave in an unruly, disruptive or dangerous manner in the Club. Fencers shall comply with the directions of the Club's committee, or of persons, such as a coach, designated by the committee. The committee and any such designated person shall have power to require any person in breach of this rule to cease fencing and may require them to leave the premises.

9 Members should keep to agreed times for training or inform the coach if they are going to be late.

10 No smoking , chewing gum or consuming alcohol whilst training.

11 The committee has the right to interpret these rules and to settle any question not provided for in the rules. No addition nor alteration to the rules may be made except by a two-thirds majority of current members present and voting at a general meeting.

### **Code of Practice for Junior Members**

North Kesteven Fencing Club is fully committed to safeguarding and promoting the well-being of all its members. It is important that members, coaches, administrators and parents associated with the Club should at all times show respect and understanding for the safety and welfare of others. Members should share any concerns or complaints that they may have about any aspect of the Club with a member of the committee.

Junior members of North Kesteven Fencing Club are expected to:

- Play within the rules and respect officials and their decisions
- Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity
- Wear suitable kit that meets Club and British Fencing regulations—mask (350N), jacket (350N), plastron (800N), breeches (350N, for sabre, épée and electric foil), glove—at all times when fencing
- Pay membership and course fees promptly.
- Junior members may not: smoke, or consume alcohol or drugs of any kind while on Club premises or representing the club at competitions.



### **Responsibility for junior members and other children**

North Kesteven Fencing Club aims to encourage younger members to enjoy their sport, and to develop their skills in a supportive environment. This statement describes the Club's key expectations for behaviour and the measures it will take to ensure junior members participate in the best possible conditions. The Club considers junior members to be those aged under 18.

- Parents and carers are ultimately responsible for the safety and behaviour of junior members during Club sessions.
- North Kesteven Fencing Club will take all reasonable measures to ensure that fencing and organized training activities during its sessions are conducted safely.
- Participants should wear the appropriate protective clothing while fencing.
- The Club expects junior members to participate in training activities organized during sessions unless they are fencing or having a lesson with a coach.
- The Club reserves the right to exclude any member whose behaviour is unsafe or otherwise unacceptable from an activity, from a club session, or from the Club altogether. Malicious damage to Club equipment or the property of the sports centre will be treated with the greatest seriousness.
- Children not participating in fencing or other related training may only attend the Club if accompanied by an adult at all times, even if they are members.
- No junior fencer aged 13 or below who is not a member of the Club may attend unaccompanied by a parent/carer.
- The Club's welfare officer and coaches will oversee fencing and training activities to ensure that safety guidelines are followed and behavioural standards are maintained.
- Concerns regarding safety and the behaviour of Club members should be addressed to the coaches, or a member of the committee.



## **Code of Conduct for Parents**

Parents and carers of Club junior members should:

- Encourage your child to learn the rules and play within them
- Discourage unfair play and arguing with officials
- Help your child to recognize good performance, not just results
- Never force your child to take part in sport
- Set a good example by recognizing fair play and applauding good performances by all participants
- Never punish or belittle a child for losing or making mistakes
- Publicly accept officials' judgements
- Support your child's involvement and help them enjoy their sport
- Use correct and proper language at all times
- Encourage participation throughout the session, and encourage and guide performers to accept responsibility for their own performance, behaviour and preparation for participation, including wearing the correct kit as set out in the Club's rules.

## **Coaching**

### **Individual lessons**

Our coaches are available for lessons during after the warm up session.

### **Competitions**

North Kesteven Fencing Club encourages its members to take part in competitions. Competitions provide fencers with the opportunity to meet and fence new people, and there's always a competition to match your age and experience.

In order to compete you need to be a full member of the British Fencing Association. BFA membership lasts for a year from the date of joining and allows you to compete in any domestic competition.

For information on BFA membership, including current subscription fees and benefits, please visit [www.britishfencing.com](http://www.britishfencing.com).

Please talk to one of the coaches for more information about local and national competitions.



### **Who is who in the club**

#### **Committee**

The Club is run entirely by volunteers, all of whom are current members of the Club. We're always looking for volunteers – if you'd like to help out please talk to a member of the committee.

Position	Committee member
Chairman	John Carleton
Treasurer	Stephen Carter
Secretary	
Child well fare officer	Terry Davey
Committee member	Josh Myers
Committee member	Myk Flitcroft



### Appendix A --North Kesteven Fencing Club Membership Form

Please hand this form to one of the committee members once completed.

First Name	
Surname	
Date of Birth (if under 18)	
If under 18 name of parent/carer	
Address	
Postcode	
Email address	
Home telephone number	
Mobile number	
Emergency contact name	
Emergency contact number	
BFA Membership number	
Medical information Please detail any important information our coaches may need to know ( for example hearing impairment, diabetes, epilepsy e.t.c.)	

Signature (parent /carer if under 18)	
Print Name	
Date	



**Appendix B --Consent Forms**

**Permission to go home on own**

I \_\_\_\_\_ (parent/carer) give permission for \_\_\_\_\_  
 (child's name) to make their own way home after fencing.

Signature (parent /carer if under 18)	
Print Name	
Date	

**Consent for the use of photographs or video**

North Kesteven Fencing Club recognises the need to ensure the welfare and safety of all young people in sport.

In accordance with our child protection policy we will not permit photographs, video or other images of young people to be taken without the consent of the parent/carers and children.

The Club will follow the guidance for the use of photographs a copy which of which is available on our web site .

The Club will take all steps to ensure these images are used solely for the purpose they are intended . If you become aware that these images are being used inappropriately you should inform North Kesteven Fencing Club immediately.

I \_\_\_\_\_ (parent/carer) consent to North Kesteven Fencing Club photographing or videoing \_\_\_\_\_ (child's name)  
 Date \_\_\_\_\_

I \_\_\_\_\_ (child's mane) consent to North Kesteven Fencing Club photographing or videoing my involvement in fencing.



Date \_\_\_\_\_